

Work Clothing

Work and Private Clothing

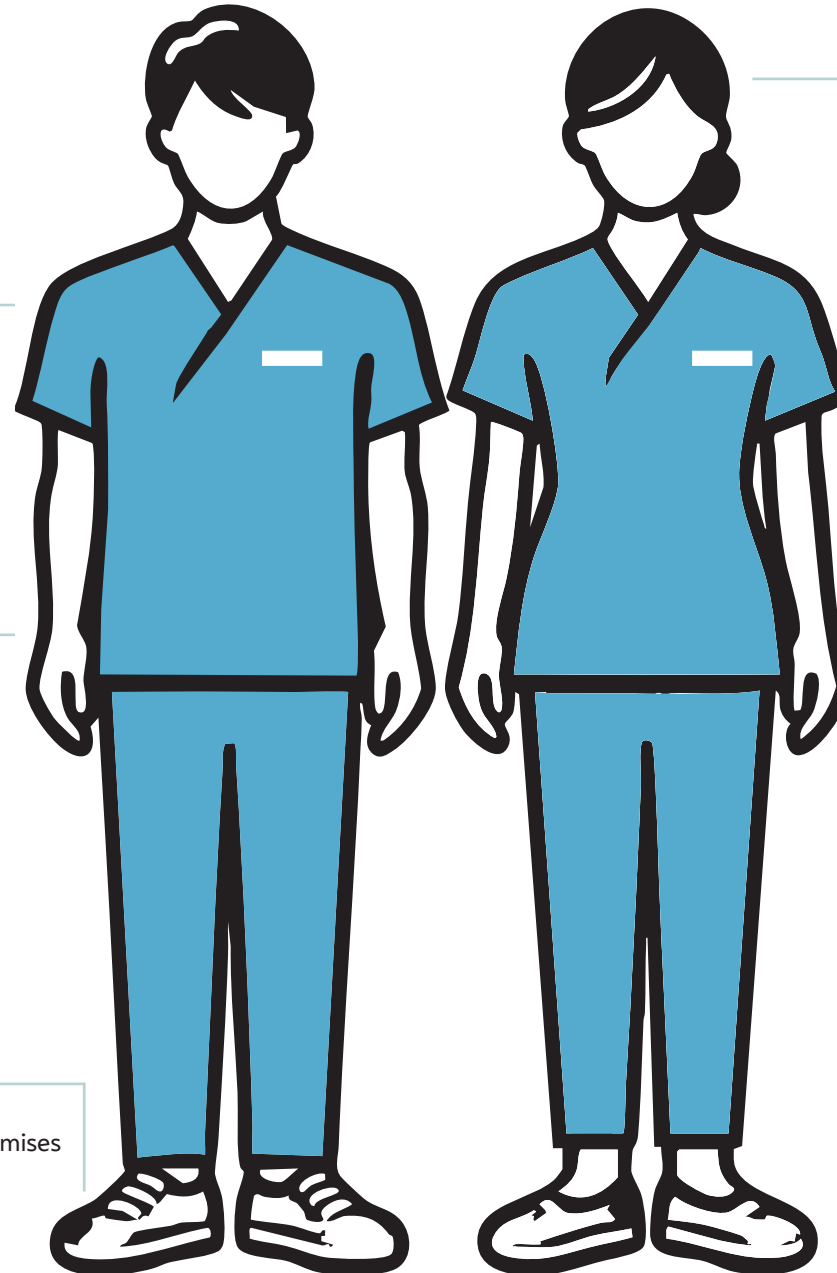
- Work uniforms must be worn
- Clothing must not interfere with hand hygiene (no long sleeves)
- Private clothing is not allowed in patient areas

Jewelry

- No jewelry on hands during all medical procedures or activities requiring hygienic hand disinfection
- No jewelry on forearms during direct nursing care and invasive diagnostic or therapeutic procedures (e.g., wristwatches, friendship bracelets)
- No large earrings or long necklaces to prevent interference with the work environment

Shoes

- Must be washable and disinfectable
- Work shoes may only be worn within the hospital premises
- Sandals with an open heel may only be worn if they have a heel strap



Piercing

- Piercings may not be worn on hands or forearms
- Must be removed immediately if signs of inflammation appear



Headscarves and Head Coverings

- Religious headscarves and coverings are allowed if hygienic standards are met
- Headscarves must be changed daily or immediately if soiled
- They should fit securely to prevent slipping or falling (large scarves can be tucked into the collar). No pins allowed due to safety risks
- In operating rooms or during aseptic procedures (e.g., placing a central line), disposable surgical caps must be worn over the headscarf
- The headscarf must be fully covered by the surgical cap and protected by work clothing

Hand and Nail Hygiene

- Nails must be short (at fingertip level)
- No nail polish (even clear)
- No artificial nails
- No nail decorations (e.g., stones)
- Remove all hand/finger jewelry, including wedding rings, watches, and bracelets, before medical or care procedures